



# Create your own memories

The Essential Women's Journey 2011

## Create Your Own Memories

Join Angela Giacoumis and Inta Sellick for their September 2011 Essential Women's Journey to Fiji and the beautiful island of Yasawa. This is your chance to visit an island paradise, renew your spirit and re-connect with yourself.

They say a picture paints a thousand words and while we have some captivating photos, we also have some words that we believe will set your senses alight ...

*Paradise, Bliss, Joy, Wonder, Recharge,  
Luxury, Unspoiled, Indulge, Serenity,  
Pamper, Renew, Idyllic, Retreat*

OK ... so you've got the idea. We're sure that once you've taken part in our Retreat to Fiji, these are the words that will remain at the forefront of your thoughts for months after you return. We're also sure these are the words you'll use to describe your experience to your friends, family and colleagues.

Once you've taken the time out to relax and recharge, we know you will have an album of memories - be they physical photos or visions in your mind - that will remain with you for a lifetime.

Who knows, your retreat experience may be just the thing you need to spur you to do that next big thing in your life. Maybe you want to return to study, perhaps you want to write that book. If you're looking for the motivation to get you there, a week with us could be just what you need.



See amazing sights



Appreciate the beauty



Dance and sing