



Enjoy the beauty of an island paradise

Essential Women's Journey 2011

Island Paradise

[Yasawa Island Resort and Spa](#) is a world class facility set on an idyllic and remote Fijian island. In January 2011, the Resort officially opened a newly built main complex complete with restaurant providing 180 degree views of the ocean.

White sandy beaches and crystal clear waters are just a stones throw from each of the resort's 18 luxury Bures. Each Bure is decorated in traditional Fijian style complete with thatched roof, plantation shutters, sun deck, private outdoor shower and hammock.

As a resort guest you can take a leisurely swim, dive and marvel at the coral, explore the islands' ancient culture or experience the beach front spa. 5 Star meals and wines are in plentiful supply and you can choose from dining with the group, private dining or beach picnics on one of the islands 11 beaches.

Your stay on the island will be in twin share accommodation in one of the serviced bures hidden among the palm trees. Bures are maintained to the highest standards by resort staff with all facilities cleaned, serviced and restocked daily.

Don't even think about making your bed before your morning stroll along the beach, followed by a relaxing breakfast.



Relax by the pool



Enjoy the welcome



Recharge your spirit

Take Time Out From Your Busy Life

Take some time out from the never-ending parade of appointments, emails, school pickups, meal preparation and laundry. Leave behind the everyday and join Angela & Inta in this idyllic sanctuary for an experience that will be so far removed from your everyday life, you may have to pinch yourself to check that it's real.

Remove yourself from the ordinary and spend a week enjoying the delights of this island paradise. In addition to the group activities that will form part of your Essential Women's Journey experience, you can also participate in a myriad of activities permanently on offer at the resort*.

If you need to unwind, why not pamper yourself with one of the treatments on offer at the beach front spa. Alternatively you could take a relaxing break by the pool or indulge in a beach picnic.

If you're feeling energetic, you can experience hiking, diving, beach tennis, volleyball or a range of water sports. Or perhaps you'd like to visit the Blue Lagoon Caves at the southern end of the island where the filming of the Brooke Shields movie 'Blue Lagoon' took place back in 1980.

If you're looking for a cultural experience, you can enjoy the talented locals who both sing and dance for resorts guests on a daily basis.

There's plenty of opportunity to experience something you've never done before ... and we guarantee you will thank yourself for taking that time out from your busy life.

*Some activities offered by the resort will not be covered by the Essential Women's Journey fee and an additional charge may apply.



Do something different



Unwind and relax



Enjoy the culture